



Support Our Soldiers

"Caring Beyond the Box"

Supply Request List for Troops

FOOD, SNACKS AND DRINKS: (Please - no expired or canned food)

- PROTEIN /Energy BARS (Like Power or Cliff bars)
- POWDER DRINK MIX Single serving (Gatorade, Kool-Aid, Crystal Light)
- TUNA & SALMON & CHICKEN SALAD (in foil pouches, or ready-to-eat kits -no cans)
- BEEF JERKY / SLIM JIMS
- **CHOCOLATE PRODUCTS - *Accepted only OCT. through FEB due to heat***
- Pretzels / Pringles / Chex Mix / Wheat Thins / Ritz or Club Crackers (Small)
- Granola Bars / Cereal Bars, Dried fruit, Raisins
- Oreos, Nutter Butter, Cheese & Crackers - Small Packs
- Trail Mix, Dried Fruit, Granola, Fruit Roll-Ups / Fruit Snack Gummies
- NUTS: Peanuts, Mixed Nuts, Almonds, Cashews
- Gum, Life Savers, Breathmints
- MICROWAVE FOOD (Chef-Boy-R-Dee, Dinty Moore, Hormel, etc.)
- COOKIES of all kinds / Girl Scout Cookies (with chocolate: Oct. – Feb. only!)
- Rice Krispie Treats (Store-bought only, Cereal (individual boxes), Pop Tarts
- Little Debbie's & Hostess cake products- **PLEASE CHECK DATES**

TOILETRIES:

- Trial size Shower Gel / Loufa Sponges / Buff Puffs / Hand Sanitizer
- Deodorant (No roll-on)
- Shaving Cream or gel in Tubes (**No aerosol CANS of Shaving Cream**)
- Lip Balm / Chap Stick / Carmex / Blistex
- Hand & Body Lotion / Moisturizer (travel size) / Sunblock- at least SPF 45
- Bug Spray / DEET / Skin-So-Soft
- Mouthwash (travel size)
- Breath Mints / Breath Strips / Lozenges / Cough Drops
- Nail files / Emery Boards / Nail Clippers
- *Gel Insole Shoe Cushions*
- *Tylenol, Advil Packets/ Allergy Tablets/ One a Day Vitamins*



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ENTERTAINMENT AND SPORTS:

- DVD Movies (new or used – more recent releases only, please!)
- Xbox Games, PSP, PS2 & PS3 Games (new or used)
- Game Books: (Crossword Puzzles / Word Search Books / Math Puzzle books / MAD LIBS / Logic Problems / Sudoku)
- Yo-Yo's, Dominoes, Poker Chips & Mats, Dice, Paddle ball
- Board games (UNO, Monopoly, Sorry, Chess, Checkers)
- Dart Boards (regular or magnetic)
- Nerf or Regular Footballs / Whiffle bats, balls & mitts
- Frisbees / Hackey sacks, Harmonica

OTHER:

- **LINENS: Standard** Pillow cases- Green, Navy, Brown, Tan
- TRIAL TIDE LIQUID DETERGENT/ FABRIC SOFTENER SHEETS
- **AIR FRESHENERS** (standalone-not plug-in. Car types are also good)
- Christmas green garland, 12-15" green wreaths, small non-glass ornaments, non-glass indoor/outdoor lights
- **Fleece Blankets** Twin(Yes, it gets very cold in the winter over there!!)
- Disposable Hand warmers and Foot warmers (in the wintertime)
- Fly swatters, bug repellent in plastic pump bottles only - **NO AEROSOL**
- Water Bottles, Travel Mugs & Thermoses with Lids (for Coffee, Soup, etc)
- **NEW** Coffee Makers & Filters (110 voltage okay)

CARDS & LETTERS: The troops love to hear from all of us and Mail brightens their days! These are the **MOST IMPORTANT** items we can send the troops & we can never have too many, so please keep writing! Consider making a patriotic banner or poster to send inside one of our care packages!

Note: Our troops do not need stamps as they're in war zones & may send mail home to their loved ones at no charge.